

#### Level 0.5- Early Intervention IMPACT

- Length: 3 days
- Appropriate for patients at risk for substance use disorders (i.e. 1 ARI in the past year), and whose problems and risk factors appear to be related to substance use, but who do not meet the diagnostic criteria for substance use disorders.
- Location – SARP Portsmouth, Oceana, Little Creek
- Goal: prevent development of a Substance Use Disorder

#### Level 1 - Outpatient (OP)

- Length: 2 weeks plus 1 intake appointment
- Appropriate for patients diagnosed with Substance Use Disorder, Mild. Treatment addresses major lifestyle, attitudinal and behavioral issues that have the potential to impair the individual's ability to cope with major life tasks without the non-medical use of alcohol or drugs.
- Location – SARP Portsmouth, Oceana, & Little Creek
- Goal: Teach moderate & responsible alcohol use. **Not** abstinence based.

#### Level 2 - Intensive Outpatient (IOP)

- Length: 5 weeks
- Appropriate for patients diagnosed with Substance Use Disorder, Moderate or possibly Severe. The patients referred to this level exhibit a moderate to high level of readiness to change, the potential for use during outpatient treatment is low, the living environment is supportive and conducive to attending the program on an outpatient basis, able to consistently attend for the entire 5 weeks.
- Location – SARP Portsmouth
- Goal: Abstinence

#### Level 3 - Residential

- Length: 5 weeks (orientation starts on a Wednesday, treatment lasts 4 weeks, and patients are discharged on the Tuesday following the 4 weeks of treatment, so it is 5 weeks, but there are two half weeks on each side of treatment)
- Appropriate for patients diagnosed with Substance Use Disorder, Moderate or Severe requiring more intensive services. These patients may have low motivation for change, moderate to high potential for relapse during treatment, living environment not supportive or conducive to treatment/recovery, or a lack of transportation.
- Location – SARP Portsmouth
- Goal: Abstinence